

SOCIAL ENVIRONMENT, MENTAL HEALTH AND ROLE OF PSYCHOLOGY IN EDUCATION

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ABSTRACT

The paper describes the impact of social environment on mental, health and role of psychology in education. EMOTION is the singular content among human beings, which work as a mental force. This when controlled may create frustration, aggression, like-dislike etc. emotion is an individual needs very careful handling for which sufficient expertise is necessary. A native handling may destroy the individual and make him a waste in the family and society, but an expert and better handling may make the individual a useful contributor to social progress. Industrialization, urbanization and social changes have increased rates of drug addiction, alcoholism crime and suicidal tendency. Social cultural changes have caused social disability, associated with depression and anxiety, the position of psychologist can be equated with paramedical forces. Psychologist must be equipped with technical knowledge of abnormal behavior. In society no one lives independently but interdependently. Normal living depends largely upon the social environment of a person. Behavior can be changed under controlled condition. The role of psychologist as social worker to create a social environment for healthy mental health cannot be denied. To develop positive attitude and avoid self-centered life, psychology and behavior science must be essential part of the syllabus.

KEYWORDS:

A large number of children suffer from behavior problem at one time or the other during their development. Many of these problem are not noticed but the overall effect of development of the child may be distressing. In developed countries, parents tends to seek advice for even minor problem like thumb sucking. While in developing countries even major problem are unattended. An awareness of prevalence of these problem is important to plan. Mental health of child to improve quality of life and create social environment through counseling of parents.

Behavioral disorders of children in India is not well studied. It is time we require to study the factor which affect the normal development of a child. Active involvement of parents and teachers is necessary for normal development of a child. We believe that our social structure is strong with a lot of support from extended families but we have to realize that with change in time our life style has also been changed. Family structure is changing more in favor of nuclear setup academic stress in our children is increasing as career opportunities are becoming more competitive. This has affected our young children who face parental pressure from an early age. Those children who are not able to cope may express with behavior dependence.

Rutter B Scale was used by Usha Naik. She noticed anti social problem more than neurotic problems. Problem were found to increase with age in study by Bhalla et al. These studied reported that most of children suffering from behavior problems belong to nuclear families.

Industrialization, urbanization and social change may lead to increased rates of drug addiction, alcoholism, crime, suicide making the social cultural change may cause physical disability associated with depression and anxiety.

Emotion in an individual needs careful handling for which sufficient expertise is necessary. An expert and better handling of a child with abnormal behavior may make the child a useful contributor to social progress. Psychology must be an essential part of syllabus so that educated parents may manage the problematic child.

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